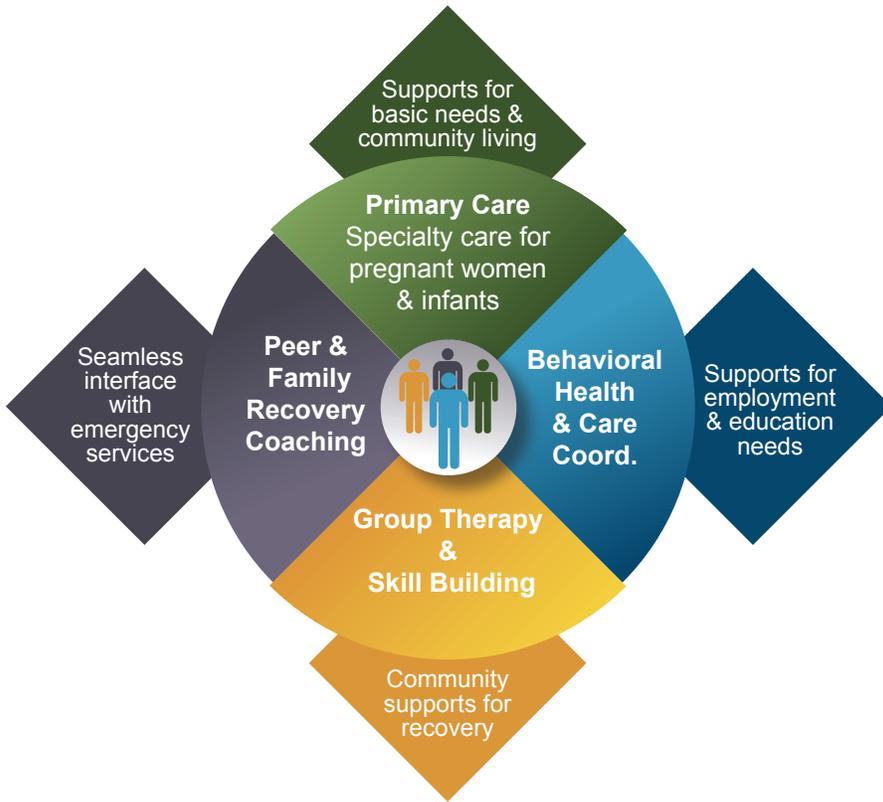


# Somerset Expansion of Addiction Care Collaborative (SEACC)

## What is SEACC?

Kennebec Behavioral Health, Skowhegan Family Medicine and Somerset Primary Care of Redington-Fairview General Hospital have partnered to build the clinical and community infrastructure necessary to support persons seeking long-term recovery from opioid misuse disorder.



The Somerset Expansion of Addiction Care Collaborative (SEACC) is the creation of KBH's Outpatient Services and Primary Care Providers of Redington- Fairview General Hospital.

## What is the Goal?

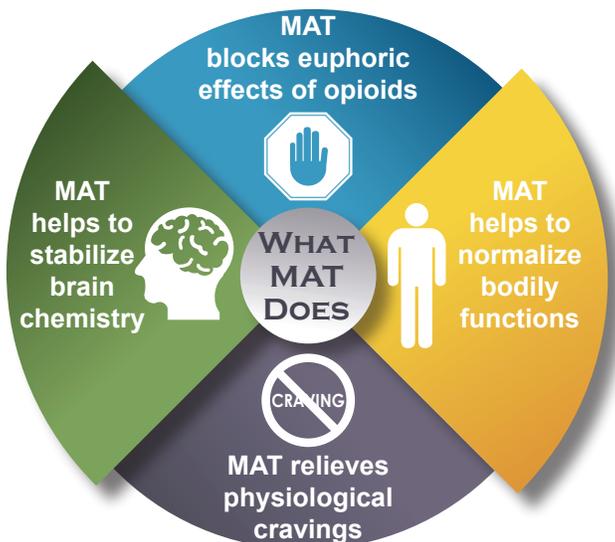
The aim- to increase access to local and appropriate treatment that is paramount in saving lives and turning the tide of this epidemic in Somerset County.

SEACC has made significant progress in designing a “whole person, whole family, whole community” approach to treatment and community supports that is focused on long-term recovery.

## Medication Assisted Therapy

In 2017, SEACC convened a group of community stakeholders who joined together to create a plan that will expand Medication Assisted Therapy (MAT) and other critical community services for individuals and families living with opioid use disorders.

MAT is the use of medication (Suboxone) in combination with counseling and other behavioral therapies including peer-to-peer support to overcome acute addiction and manage the individual's substance use disorder over time.



**Medication Assisted Therapy does NOT** replace one addictive drug with another but provides a safe, controlled level of medication.

John Smith  
 ✓1. ~~~~~  
 ✓2. ~~~~~  
 ✓3. ~~~~~  
 4. ~~~~~

**MAT provides a comprehensive, individually tailored program plan of medication and behavior therapy treatment.**



**MAT improves survival rates, promotes retention in treatment and increases ability to gain and maintain employment.**

# The Recovery & Opioid Addiction Resource (ROAR)

## What is ROAR?

The Recovery and Opioid Addiction Resource is a group sponsored by SEACC, which is led by Kennebec Behavioral Health in collaboration with Skowhegan Family Medicine, Somerset Primary Care and Crisis and Counseling.

## What Makes ROAR Unique?

ROAR supports the unique perspective of people with lived experience and provides an opportunity to engage them in SEACC's efforts to develop needed treatment and community education to reduce stigma around opioid use disorder.

ROAR is led by individuals and family members with lived experience of opioid use disorders. ROAR promotes the power of hope and recovery in the face of challenges and associated stigma. Their vision is to develop recovery capital of the local community resources and support those in need of support.

## How to Get Involved?

ROAR holds meetings every third Monday of the month from 1:00 to 2:30 PM at Kennebec Behavioral Health in Skowhegan to address this crisis. These meetings are open to the public.

## Events Hosted by ROAR

On September 17, 2018, ROAR held a public rally and vigil in Coburn Park in Skowhegan. Speakers shared stories of their journey to recovery and stories of supporting loved ones in the hope they will find that recovery. The rally concluded with a candlelight vigil; luminaries, one for every life lost in Somerset County to an overdose since 2010. Over 70 community members participated in the rally as well as leaders in healthcare, local government and law enforcement.

*Learn more at [www.kbhmaine.org/ROAR](http://www.kbhmaine.org/ROAR)*

