



ACTIVE LIVING BY DESIGN

Sustainable Thinking Activity

		STREAMS	INFORMAL ← → STRATEGIC & INTENTIONAL				
PARTNER	PARTNERSHIPS	Let interested partners initiate collaboration.	Develop collaborative/partnership informally or reactively.	Identify and implement strategic communication channels.	Build resilience within partnerships by distributing leadership among members.	Share resources between partners and maximize and deploy existing strengths and assets.	Integrate partners' visions and expertise into existing systems, operations, and budgets.
	LEADERSHIP	Let leadership develop by osmosis.	Send staff, partners, community leaders, and elected officials to learning and networking opportunities.	Plan and implement grassroots and grass-tops capacity building efforts.	Create opportunities for partners and residents, especially youth, to become champions for community health and contribute lasting energy and ideas.	Develop and implement a plan to provide ongoing support and training to elected officials and decision makers.	
PROGRESS	ENVIRONMENTS	Wait for environmental/physical changes to happen.	Seek opportunities to influence new capital and physical projects.	Seek systematic changes in policies, standards, and practices related to long-term upgrades and maintenance.	Ensure that relevant policy/systems changes are implemented.	Ensure that healthy environments become the norm across the community.	
	POLICIES / SYSTEMS	Wait for policies and systems to evolve.	Assess needs and conduct audits of policies and systems.	Advocate for priority policy practices, standards, resources, and supports.	Ensure implementation of relevant systems changes that advance/reinforce central policy objectives.	Select strategies that are mutually reinforcing, including a mix of "quick wins," mid-term milestones, and those with potential for long-term support.	Maintain and expand the grassroots and grass-tops capacity that support policy/systems.
PREPARE	RESOURCES	No clearly defined process for seeking additional funds.	Ask partners for ongoing commitments of in-kind support.	Write grant proposals for state, federal, and foundation funding and support.	Approach and develop relationships with a variety of funders for larger, longer-term support.	Develop and implement a strategic fundraising plan that tracks performance measures and capacity to secure resources.	Sustain ongoing funding stream.

Activity Instructions

Individual reflection

1. Select one of the 3P sustainability streams you'd like to focus on to improve your work.
2. Move to the area of the room that corresponds with your chosen sustainability stream.

Group discussion

3. As groups, discuss:
 - a. Where are you on the continuum of the sustainability stream?
 - b. What opportunities are there to move further to the right towards more sustainable activities/actions?
 - c. What examples and lessons learned can you share to help each other develop action steps towards improved sustainability?

Individual reflection

4. Strategy/area I want to sustain: _____

Three action steps I will take to improve the sustainability of this strategy/area:

1. _____
2. _____
3. _____