

KBH Partners with Skowhegan Family Medicine to  
Expand MAT in Somerset County

# **Somerset Expansion Of Addiction Care Collaborative**

Maine Health Access Foundation  
Planning Grant



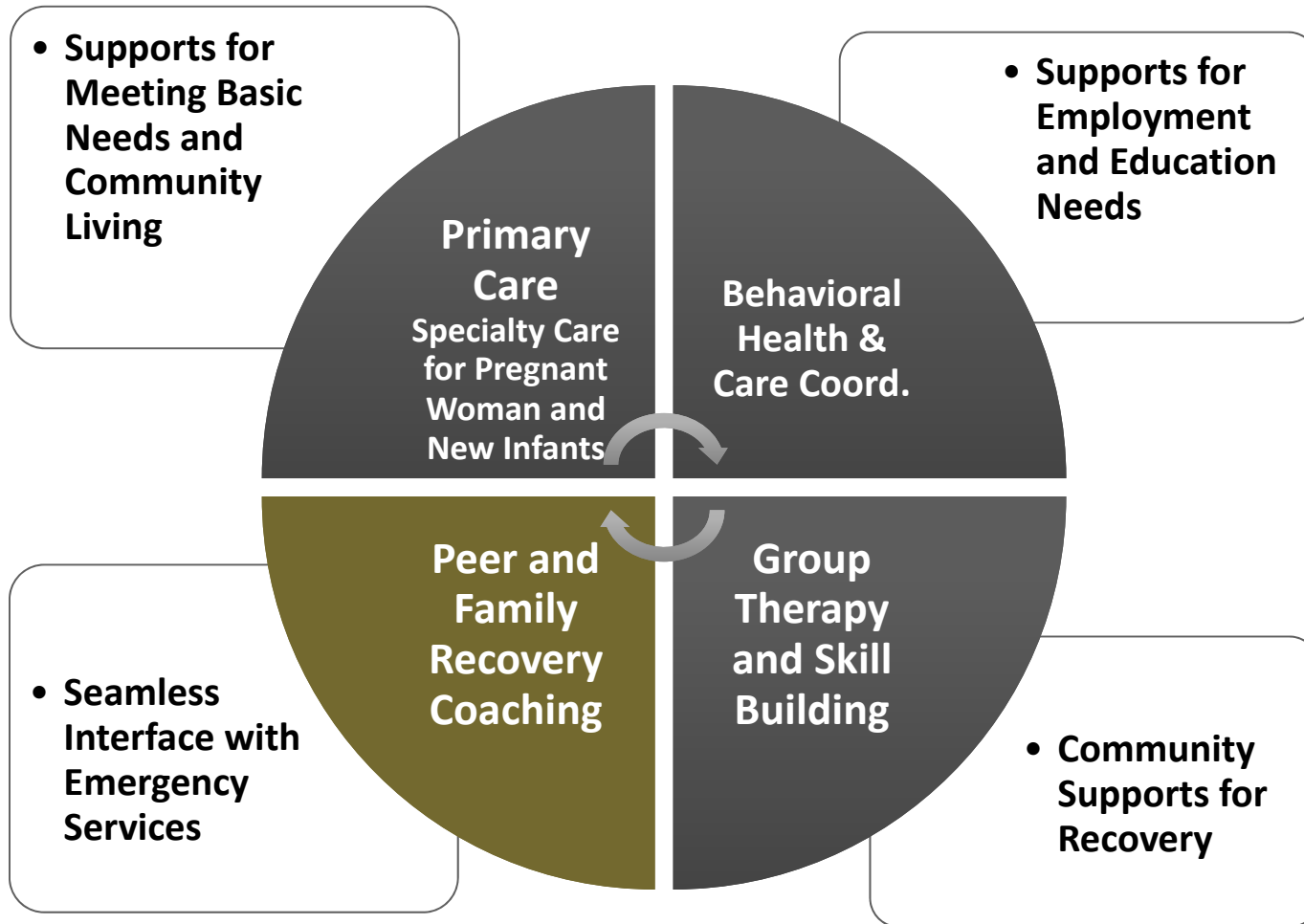
# Challenges

- Identifying individuals with SUD and families without breaching confidentiality across the two organizations
- Avoiding the pitfall of “tokenism”
- Managing inadvertent negative consequences of the inherent dual relationship in rural practice
- De-constructing our own professional biases and “paternalism”
- Embracing and valuing the power of lived experience in the recovery
- Scheduling and transportation

# STRATEGIES and INNOVATIONS

- Take time to develop a shared understanding and alignment around recovery and person-centered practice: Model and Practice Values
- Using tools at hand to expand the conversation: transparency and informed consent
- Reach out to Recovery Groups to assist and empower the process with their wisdom
- Keep pushing for the more involvement: both in numbers and depth (Recovery Workgroup)
- Taking time to co-construct a shared world view that incorporates a consumer and family perspective
- Advertise, Advertise, and Persevere
- Use every “failure” as a CQI opportunity!!!!

# Emerging MAT Model for Clients with Co-Occurring Disorders



# What we have learned...."AHA"

- **What Worked**....Creating ways that individuals with SUD and families can contribute beyond “talking” about the work. Discover motivation for further engagement and work that edge!
- **Not So Good**....Assuming that providing stipends will be enough! Important , but does not effectively address many of the challenges. Nor do stipends alone effectively support the motivations of individuals with SUD and families.
- **Next Steps**.....More project work where individuals with SUD and families can actually make something happen, truly supporting opportunities that are the “doing” the work. Also, to expand social network communication strategies... Like Twitter, etc....

# YOUR VOICE MATTERS

Are You in Recovery from  
a Substance Use  
Disorder? Are You A  
Family Member Affected  
from a Loved One's  
Substance Use  
Disorder?

## Somerset Expansion for Addiction Care

Collaborative Recovery work  
group invites you to **join us** to  
assist in the  
development of  
**Recovery Support  
Services in Somerset  
County**. This a monthly  
meeting to address the  
addiction crisis in  
**our community!**

★ Next Meeting ★

May 21, 2018 3-5p.m.

(Third Monday of the Month)

**Kennebec Behavioral Health Services  
5 Commerce Drive Skowhegan, Maine 04976**

**For more information contact:**

**Kathe Dumont @ 474-8368 or Darren Ripley @ 621-4111**

